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Giving the gift of love



photo by Senior Airman Katie Thomas

A dozen community members donated hair to the Locks of Love organization Saturday during a ceremony at the Yokota Community Center. The Yokota Enlisted Spouses Club and the Army and Air Force Exchange Services joined together as a show of support and remembrance for a former Yokota Air Base family that found out one of its members had cancer.

Airmen put readiness first during one-day exercise

By 1st Lt. Ben Alumbaugh
 374th Airlift Wing Public Affairs

As part of the continuing evolution of the concept of readiness, Yokota personnel went through a Full-Spectrum Threat Response exercise last week.

The FSTR tested the wing's ability to deal with a mass casualty resulting from an airplane incident.

FSTRs are different from Operational Readiness Exercises in that an ORE assess the overall readiness of the wing in a contingency type of an environment said Lt. Col. Richard Dieringer, deputy chief of the 374th Airlift Wing Inspector General office. The colonel said FSTRs examines the wing's ability to respond to a less conventional event such as a terrorist attack, an intentional or unintentional hazardous material event. It targets a specific event as opposed to an entire contingency environment.

Senior Master Sgt. Michael Atkinson, 374th Airlift Wing inspector general office, said, FSTRs are regulated by Air Force Instruc-



photo by Airman 1st Class LaDonnis Crump

Firefighters from the Yokota Fire Department simulate battling an aircraft fire during the Full-Spectrum Threat Response last week. The FSTR tested the wing's ability to respond to an aircraft incident.

tion detailing the frequency and number of events to be tested.

"Rather than incorporating FSTR-type events into an ORE, the FSTR program is completely separate," said Colonel Dieringer.

While the colonel says the program is probably more familiar under its old name of MARE or Major Accident Response Exercise, the

program has changed to FSTR because it encompasses more.

"Readiness is not just about having your chemical gear and having your bags packed," said the colonel. "It's more of a mindset. Attitude is also a big piece of this. Because the truth of the matter is if this really happens, no one knows what will really happen."

MDG: fight off flu season with common-sense tactics

Wash hands, treat symptoms at the start to avoid catching the bug, losing sick days

Yokota's influenza vaccine program begins next month.

The vaccine supply is expected to be available by mid-November. Once the vaccine is received, the 374th Medical Group will work swiftly to provide vaccine to the Yokota community.

Although there are vaccines for influenza, there are no existing vaccines to prevent colds, so it is vital that people observe certain practices to prevent contracting and spreading illness this cold and flu season.

The season usually lasts from October to April. Typical signs and symptoms of influenza include: fever greater than 101-degree Fahrenheit, chills, body aches, headache, lack of energy, poor appetite, sore throat, dry cough, nasal

congestion and runny nose.

Usually, colds don't come with the significant fevers and chills that the influenza virus causes.

Community preventive measures will be key in lessening the impact of colds and flu this season. These measures include:

✓ **Frequent hand washing** - wash hands immediately after using them to cover a cough or sneeze. Frequent hand washing is the best means of preventing colds or influenza.

✓ **Avoid exposure to others** - if adults or children have a fever above 101-degree Fahrenheit, supervisors and parents should keep those ill at home and away from work areas or other people. Supportive care at home is recom-

mended for most colds or flu unless symptoms become severe or you feel it is an emergency. Home care includes: rest, fluids, pain relievers and fever reducers, such as aspirin, ibuprofen (or Motrin) or acetaminophen (or Tylenol). Always be careful to follow and not exceed the dose recommendations on the package.

Children and teenagers should not take aspirin unless specifically prescribed by a physician.

People should treat symptoms based on how the patient feels, not whether they have a fever. If the patient has a fever but doesn't feel too bad, they do not generally need a fever reducer and it may even slow their recovery.

✓ **Avoid contamination of common use items** - limit contact with common-use items in the workplace and home to prevent the spread of infection. These items include copiers, fax machines, tools, pens, toothbrushes, and drinks.

Also beware of areas commonly touched by many people, such as doorknobs, handrails and elevator buttons.

If colds and flu illness are spreading through the community or work area, hand-washing soon after touching any common use items or commonly touched areas. It is especially important to wash hands prior to eating.

If hand-washing facilities aren't readily available, consider placing sanitizing hand wipes or lotions near such equipment for convenience. Using these antimicrobial products before and after touching shared equipment can provide protection similar to hand washing.

Individual efforts to minimize the spread of colds and flu this year will help protect the community and maximize Yokota's mission effectiveness.

Contact the public health office at 225-5311 for more information.

(Courtesy of the 374th Medical Group)

ORI countdown: 135 days

Domestic violence prevention starts with making change

By Senior Airman Katie Thomas
Editor

If nothing changes, then nothing changes.

That is a message that Family Advocacy wants to get out about domestic violence.

"We want to encourage people out there who think that they cannot get help whether they are a possible abuser or being abused to change their thinking," said Hugh Clark, Family Advocacy outreach manager.

October is Domestic Violence Awareness Month across the

United States and military bases around the world. Military communities experience an equivalent amount of domestic violence cases as the civilian sector, he said.

"Domestic violence is any physical, emotional or sexual assault on a person, and it occurs between husbands and wives, or boyfriends and girlfriends, or partners," explained Mr. Clark.

Early signs of domestic violence include loud, boisterous cursing or verbal abuse both inside and outside the home. These signs can progress into physical and sexual abuse if the abuser does

not address their problem.

"Domestic violence definitely affects the whole community when it happens," said Mr. Clark. "The military is like a family and if someone is being mistreated then that creates negative feelings toward trusting others and just feeling safe."

Family Advocacy offers three classes that can help prevent and treat domestic violence. The stress management class is a one-hour workshop that teaches people techniques on how to deal with day-to-day pressure. The anger management

class is a six-session program focusing on dealing with feelings using proactive and relationship-building methods. The couples communication class is held over four sessions and teaches couples how to speak and listen to each other, be empathetic, and create healthy thoughts and healthy behaviors.

If a person recognizes that they have a possible problem, they can enroll themselves in a Family Advocacy class. The class will not be included in the person's official records in any way, and

they will face no negative effects from seeking out help.

However, if a person is involuntarily sent to a class then they can expect that to have a negative effect on their career, said Mr. Clark.

"An ounce of prevention is worth a pound of cure, and domestic violence is no different," he explained. "When you start seeing the signs, whether as an abuser or as a victim, call Family Advocacy. Don't wait."

For more information, call 225-DOIT (3648).



photo by Master Sgt. Val Gempis

Hold it, hold it ...

Tech Sgt. Neil Wilke, right, and Senior Airman Jonathan Keller measure the distance between a Lorad portable X-ray machine and the crew door of the C-130 Hercules here. The Airmen are checking the door frame for structural cracks. They are nondestructive inspection technicians with the 374th Maintenance Squadron. They check for uniformity, quality and serviceability of components on assigned and in-transit aircraft.

'Eagle Eyes' program puts residents on front lines of preventing terrorism

An anti-terrorism initiative from the Air Force Office of Special Investigations enlists the eyes and ears of Air Force members and citizens in the war on terror.

The "Eagle Eyes" program aims to prevent terrorism by encouraging and enabling Air Force members and citizens to report potential terrorist planning activities they observe. The program also features processes for rapid follow-up investigations and information sharing to other echelons of command and other law-enforcement agencies as appropriate.

"Terrorist acts are always preceded by planning and preparation stages, during these stages the terrorist are the most vulnerable to identification or interruption," said Maj. Christopher Ouellette, local AFOSI commander. "Taking proactive measures to deter them during these stages is our best de-

fense against potential attacks."

It starts with teaching people about the typical activities terrorists engage in to plan their attacks. Armed with this information, anyone can recognize elements of potential terror planning when they see it.

The program also provides a network of local, 24-hour phone numbers to call whenever a suspicious activity is observed. Suspicious behavior requiring immediate response should be reported to the Security Forces law enforcement desk; other concerns that justify further investigation can be reported to either the law enforcement desk or the AFOSI office.

If community members observe suspicious activities, they can contact the base law enforcement desk at 225-7200, 225-7227 or AFOSI at 225-7910.

(Courtesy of AFOSI)

Moseley: Air Force needs to bolster intelligence cadre: WASHINGTON (AFPN) – The Air Force can

do a better job training and maintaining the Airmen that gather, process and distribute military intelligence, the Air Force chief of staff said.

Gen. T. Michael Moseley said there are not enough Airmen working in military intelligence. And the Air Force must do a better job ensuring the intelligence troops it has are equipped to work in multinational and joint environments.

NEWS AROUND THE AIR FORCE & PACAF

For these stories and more, visit Air Force Link at www.af.mil

Air Force meets 2005 enlisted, OTS recruiting goal: RANDOLPH AIR FORCE BASE, Texas (AFPN) – The Air Force exceeded its fiscal 2005 enlisted recruiting goal by sending 19,222 men and women to basic military training.

And while the service had success recruiting for Officer Training School, it fell short in recruiting in some medical fields.

States enters its second week of humanitarian operations here, Airmen from all over the world continue working to deliver thousands of pounds of humanitarian cargo a day.

In the second week following the earthquake in Pakistan, the group handled almost 700 tons of cargo intended for humanitarian relief, said humanitarian operations officials.

Air Force continues earthquake support: ISLAMABAD, Pakistan (AFPN) – As the United

AD

Three NCOs found guilty for bazaar conspiracy at Camp Zama

Yokota Airmen attempt to steal approximately \$26,000 worth of furniture, merchandise

By Capt. Pilar Gonzales
374th Airlift Wing Judge Advocate

Three noncommissioned officers here were recently tried in a series of general courts-martials for stealing nearly \$26,000 worth of merchandise from a Moral, Welfare, and Recreation bazaar.

Staff Sgt. Aaron Smoot, 374th Logistics Readiness Squadron, along with Staff Sgt. Jerry Hampton, 374th Mission Support Squadron, and Staff Sgt. Darrell Johnson, 374th Medial Operations Squadron, were found guilty of numerous charges.

Sergeant Smoot pled guilty to larceny, conspiracy, forgery and making a false official statement and was sentenced to 18 months confinement, reduction to the grade of E-1, total forfeiture of all pay and allowances and a bad conduct discharge.

Sergeant Hampton pled guilty to larceny, conspiracy, forgery and making false official statement and was sentenced to 20 months confinement, reduction to the grade of E-1, total forfeiture of all pay and allowances and a bad conduct discharge.

Sergeant Johnson pled guilty to larceny and conspiracy and was sentenced to 9 months

confinement, reduction to the grade of E-1, total forfeiture of all pay and allowances and a bad conduct discharge.

The cases arose out of crimes in August 2004 at an MWR Bazaar held at Camp Zama. It was there that Sergeant Smoot and two co-conspirators, Sergeant Hampton and Sergeant Johnson, used a false MWR stamp they made to forge sales receipts of merchandise.

Capt. Ryan Lambrecht, trial counsel in the case against Sergeant Hampton, said, “This is a case where three NCOs saw a flaw in the system and opportunistically exploited it, but thanks to the quick thinking of the workers of the bazaar, the criminals were caught and brought to justice.”

A Yokota Airman recognized the perpetrators of the heist and identified them to Air Force Office of Special Investigations here,

who quickly acted on the information.

“Within 24 hours of being notified, OSI conducted seven searches, more than ten interviews, six interrogations which garnered confessions to the theft, and seized over \$25,000 worth of furniture stolen from the bazaar,” said Maj. Chris Ouellette, AFOSI Det. 621st commander.

“This would not have been possible without the cooperation of several agencies including the Camp Zama Criminal Investigation Division, the Tokyo Metropolitan Police Department, and OSI working together to recover the stolen furniture.”

Capt. Matt McCall, trial counsel in the case against Sergeant Johnson said, “It is disappointing that three NCOs would commit crimes of this magnitude, but justice was ultimately served.”

Combat Readiness Detractors: helping the 1 percent ‘get it’

The following individuals received nonjudicial punishment from August to September:

An airman first class received a suspended reduction to airman, 30 days restriction, forfeitures of \$400 pay per month for one month, suspended forfeitures of \$292 pay per month for one month, and a reprimand for failing to show for drug testing.

A captain received forfeitures of \$2,084 pay per month for two months and a reprimand for fleeing arrest.

An airman first class received a suspended reduction to airman, forfeitures of \$692 pay per month for one month and a reprimand for shoplifting.

An airman first class received a reduction to airman, 60 days restriction and a reprimand for underage drinking.

An airman first class received a suspended reduction to

airman, suspended forfeitures of \$692 pay per month for two months and a reprimand for disrespect to an NCO and using provoking speech and gestures.

An airman first class received a reduction to airman, forfeitures of \$600 pay per month for one month and a reprimand for shoplifting.

An airman first class received a suspended reduction to airman, 30 days restriction, 30 days extra duty and a reprimand for underage drinking.

A senior airman received 7 days extra duty, forfeitures of \$500 pay per month for one month and a reprimand for failing to go to work on time.

An airman first class received a suspended reduction to airman, 45 days extra duty and a reprimand for failing to pay

his government travel card and sleeping on duty.

A lieutenant colonel received forfeitures of \$3,498.75 pay a month for two months and a reprimand for shoplifting.

A senior airman received a reduction to airman first class and a reprimand for an indecent assault.

A senior airman received a reduction to airman first class, a suspended reduction to airman, 30 days extra duty, and a reprimand for making a false official statement and receiving unauthorized Cost Of Living Allowance.

An airman first class received a reduction to airman, forfeitures of \$692 pay per month for one month, 10 days extra duty and a reprimand for failing to go to work.

A staff sergeant received forfeitures of \$200 pay per month for one month and a reprimand for failing to go to work on time.

AD

Voices of our parents: Remembering why we serve as Airmen

By Lt. Col. Kirk Lear
374th Operations Support Squadron

"I'm just so thankful for what he's become. He was a skinny, asthmatic kid with average grades, and his father and I really weren't sure how he was going to do. We're so proud of him – finishing college and getting his commission were just things we really only dreamed about. Yes, we're worried that he's over there, and we know it's dangerous, but we know there are others just like him there who will take care of him just as he's taking care of them. He told me he is going to fly home in a couple weeks, going through Germany, and that he'll call from there – I can't wait for that call, because I know he will finally be safe ..."

"I really appreciate your letter. She emails me every day from her base in Iraq. She told me about a few attacks that came at night. The mortars and grenades scared her, but she got up the next morning and did her job. She is lonely sometimes, and in her last emails she said she really wants to come home. She said the food is okay, but when she is not working she

can be very bored. Her best friend there just left for the U.S. last week, and that was hard on her. I am so proud of my daughter. I do not think I could have done what she is doing when I was her age. She is very strong." ...

"I take my hat off to all you servicemen. This is not any easy war to fight, and sometimes I just really don't think we should be over there. But Jason's emails and digital pictures tell me a story I don't hear on the television – there are stories of such goodness that I just have to believe we're making a difference in Afghanistan. He's emailed me copies of his base newspaper, and I've shared these with our friends – you just don't see this stuff on the news. He told me that he wanted us to send a couple boxes of pencils and paper and such, because his squadron was going to visit a school. Our Sunday School class put together 26 boxes, and we sent them over. He told me the guy at the post office there told him that when that we he came to get the packages, he should bring a couple friends and a truck to take it all away. The

pictures he sent me from their visit to the school were awesome."

These are the voices of a few of our parents – parents of Airmen who've deployed, including two from my own squadron. I've received letters in response to ones I sent them, and their words remind me that they actually understand some of what we feel about being deployed – fear, loneliness, tension, boredom. They're often tense, and scared, and lonely, and maybe even bored a bit while we're deployed.

But I also hear their pride, and awe – some of the same emotion and patriotism many of us Airmen experienced when we committed to an enlistment or a commission so many years ago.

Our reasons for staying in the Air Force beyond our initial commitments are varied – family responsibilities, job satisfaction or security, continued travel opportunities, educational benefits and the like. I've always heard it said that we don't stay in for the reasons that we came in for – and I think that's largely true. There are, surely, still many, many patriots among us Airmen, and I'm

refreshed to know that our parents, while understandably concerned for our well-being or national objectives overseas, are so supportive and appreciative of what we do.

As our wing gears up for another Air Expeditionary Force cycle, perhaps it's more important than ever that we remember why we "crossed over into the blue" – many of our parents sure seem to. I'm sure I need to guard against allowing my day-to-day struggles with the everyday routine – administrative work, training or even preparing for our operational readiness inspection – to divert me from keeping my eye on the ball. It's very easy to get distracted by all the things we allow to fill up our lives. Casualty reports on the news, and the occasional letter from a concerned parent, remind me that Americans we know, and even more that we don't, are in harm's way on our behalf every day. I hope what I'm doing sustains them in some fashion until it's my turn to be deployed.

May God be with them, and the families we left behind, and the parents who enabled them to be what they are now.

Chief's Corner

By Chief Master Sgt. Michael Bradow
374th Logistics Readiness Squadron

If you have been around the Air Force for more than a couple years you have undoubtedly seen many changes.

Some of these changes have reduced the number of employees and even the level of expertise required in many areas. For instance, we are learning how to navigate through critical self-help web sites such as the Virtual MPF, MyPay and the Defense Travel System process to name a few modern program changes. In doing so, we must remember a change may or may not have been necessary, but as followers it's our duty to accomplish the mission as directed. However, this doesn't mean that you don't have stake in how the changes affect you.

This past month alone I have spoke with numerous people about military changes that directly impacted their continued service or quality of life in our fine Air Force. The impact of these changes were often amplified as inaccurate feedback from friends and co-workers was passed along. A common thread among conversations was Airmen were very

confused on the process and potential options.

As you know, some changes have resulted in the declining number of experts in key areas. The change however does not mean programs are less important. When the situation arises that has career or other life impacting implications it is best not to leave things to chance. You can help others assist you in answering your questions by being proactive. Apply your quest for knowledge through self-study. You can learn a lot by reading applicable Air Force Instructions and other references. Or you can conduct a Google or Yahoo Internet search to find an applicable reference. Once this is done, you are better able to ask questions from the subject matter expert that may clarify your situation and or expectations.

Well, what if you don't have any luck in finding the answer. The next step is to use your chain of command. This is where it is imperative that supervision be responsible to provide timely and up to date information. The growth and careers of subordinates depend on it. The learning curve doesn't end there. The more important the issue is to you, the more emphasis you should put on it. Also, be critical of the information you receive.

What is meant by being critical? When efforts have been exhausted or you just need to confirm the information, it's time to ask the subject matter expert. This isn't meant to challenge the person or the system. It's just taking care of you. I was once told "No one takes care of you better than you." This isn't meant to go against the Air Force Core values, in fact the two go hand in hand. There are seldom times when a person's action is purely selfish. More than likely the issues at hand, whether it is applying for a career job reservation, joint spouse assignment or filing a travel voucher are all actions taken that will benefit the member and the Air Force.

Changes occur everyday regardless of our desires. The key to surviving those changes is knowing how they affect us. Remember, there are many ways to keep you from being a victim of change. Use your chain of command, be proactive, and educate yourself so you are armed with information. When all else fails, seek an experts advice. This will clear up any misconceptions you may have.

Despite changes, and changes to come, we must always take care of you and the troops – our Air Force's greatest asset.



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The deadline for articles, briefs and classifieds is Wednesday the week before publication. For holidays, the deadline is one day earlier.

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DUI Prevention

Oct. 12 – Oct. 25	1
Total DUIs in October	1
Total in 2005	7

Punishment

.049 or less = car parked for 12 hours
.05-.079 = 6 months walking
.081-.149 = 1 year walking
0.15 or greater = 2 years walking

*Don't
drink and drive.
Call 225-RIDE!*

Action.lines-1@yokota.af.mil

The Action Line is your direct line to me. Use it if you have questions or comments about Yokota, which couldn't be resolved by your chain of command first. When you send an e-mail, please include your name and phone number if you need to be contacted for more information is needed.

Col. Scott Goodwin

374th Airlift Wing commander



Taking another look at Life Support

By 1st Lt. Ben Alumbaugh
374th Airlift Wing Public Affairs

Even though some people think life support is part of the medical field, the truth of the matter is life support is an integral part of the flying mission.

"When I was in the desert a guy came in our tent with one of his bones sticking out of his leg," said Staff Sgt. Jason Bremer, flightline section supervisor. "Luckily the medical tent was not far from the life support tent."

Even though the name of the flight does lend itself to medical terminology, the life support flight of the 36th Airlift Squadron ensures the aircrews of the C-

130 Hercules have the equipment necessary for the aircrew's safety and survival.

The flight is responsible for maintaining parachutes, survival vests, helmets, oxygen masks, night vision goggles, personal flotation equipment, anti-exposure suits, aircrew chemical warfare gear, and life raft accessory survival and rescue kit components.

As with most flights the duties do not stop there either. This staff of eight members also has to inspect, maintain, configure, upload and download pre-positioned aircrew life support equipment on C-130 aircraft.

To take care of all their responsibilities the flight works 22 hour days.

"We have three shifts throughout the day to handle all of our duties," said Tech. Sgt. Jerry Cameron, noncommissioned officer in charge of life support. "We work the basic 7 a.m. to 4 p.m.; 3 p.m. to midnight and then from 2 a.m. to 10 a.m. The only time we aren't here is from midnight to 2 a.m.; although we do have someone on-call at all times."

Because of all of the items the flight maintains, the members are constantly inspecting items to ensure they are good to go.

"The inspections cycles for our equipment vary, which dictates what we are inspecting and when," said Sergeant Cameron. "At the same time we have so

much equipment we have to inspect every month."

The flight is also responsible for providing classroom training to all assigned aircrew on life support equipment.

"We have to go through the same schools and training as the aircrew members do," said Staff Sgt. James Garcia, oxygen section supervisor. "All the survival schools, you name it and we go through it, because how are we supposed to teach it if we don't know it also?"

"We have a lot of responsibilities and even though some of it may be repeating actions again and again, it is still rewarding," said Tech Sgt. Tony Rebeck, night vision section supervisor. "We are here to provide first class life support equipment and training to C-130 aircrew members."

"Anytime an aircrew member has to utilize what we have taught them or provided for them, they definitely appreciate it," said Sergeant Cameron.



photos by 1st Lt. Ben Alumbaugh

Left, Staff Sgt. Tony Rebeck calibrates a set of night vision goggles. The machine checks the settings on the goggles to ensure they are usable and also detects any debris in the visual field of the lenses. Above, Staff Sgt. Jason Bremer goes through the instruction manual for aircrew chemical warfare mask ensuring all the information is current and accurate.

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Off base

Hamura Industrial Festival:

Booths with local products from food to drinks and more, along with entertainment, will be featured during this festival. It is located at the Fujimi Park Nov. 5 to 6 from 10 a.m. to 4 p.m. Take the train to the JR Ome line's Hamura Station, and the park is a 15-minute walk for the east exit.

JASDF Iruma Air Base air show: The Japan Air Self-Defense Force's premier air show "Blue Impulse" will perform Nov. 3 between 9 a.m. and 3 p.m. The base is located near the Seibu Ikebukuro Line's Inariyama Ko-en Station.

Rokudo-yama Rock Festival: Amateur rock bands will perform during this festival held at the Rokudo-yama park's outdoor stage beginning at 10 a.m. Nov. 6. Take the the JR Chou/Ome line's Tachikawa station, then take a bus to the Yokota/Cho-enji stop.

Cosmos Matsuri: Showa Memorial Park has more than 1.3 million flowers in bloom that are on display through Nov. 6. The feature flower smells like chocolate. Visit <http://www.ktr.mlit.go.jp/showa>.

Tama City Halloween: Tama City is hosting several Halloween activities Oct. 28 to 30 including trick-or-treating, a flea market, and stage shows. Stop by the Yujo Recreation Center for more information.

On base

Movies

Today – 40-year-old virgin, R, 7 p.m.; North Country, R, 9:30 p.m.

Saturday – March of the Penguins, G, 2 p.m.; North Country, R, 9:30 p.m.

Sunday – March of the Penguins, G, 2 p.m.; North Country, R, 7 p.m.

Monday – North Country, R, 7 p.m.

Tuesday – March of the Penguins, G, 7 p.m.

Wednesday – North Country, R, 7 p.m.

Thursday – 40-Year-Old Virgin, R, 7 p.m.

All movies and showtimes are subject to change without notice. Call 225-8708.

Closure

Azzurro, the contract auto detailer for the Auto Hobby Shop, is temporarily closed until further notice. Services will resume as soon as possible. Call 225-6898.

Climate survey

The Air Force climate survey begins Saturday and runs through Nov. 23. The survey provides actionable feedback for leadership to use in improving their units. All active duty, Reserve, Guard, and Air National Guard Airmen are encouraged to take the survey. To take the survey, visit <https://afclimatesurvey.af.mil>.

Education

The University of Oklahoma begins registration for its spring semester Tuesday. The university offers three on-site classes and two online classes for the semester. Visit <http://www.goOU.edu> or call 225-3869.

Halloween x-raying

The 730th Air Mobility Squadron is opening its x-ray machine to its annual Halloween candy screening from 6 to 9:30 p.m. at the passenger terminal Monday.

Musical

The Yokota Players* present the 1950s musical "Guys and Dolls" Wednesday through Nov. 4 at 7 p.m., and Nov. 5 at 2 p.m. and 7 p.m. at the Family Support Center auditorium. Tickets are on sale at the door. Visit <http://www.yokotaplayers.com>.

Art auction

The Yokota High School Project Graduation* is hosting a bazaar and art auction at the Officers' Club Nov. 12. The auction presale and preview starts at 5 p.m., and the auction begins at 6 p.m. Volunteers are also needed. Call 227-9931 or 227-3478.

KUDOs

The 374th Airlift Wing is hosting its first "Kids Understanding Deployment Operations" program Nov. 5 at Bldg. 400 beginning at 9 a.m. Children can experience the deployment process including the processing line, chemical gear, MREs, and more. Call 225-8725 to sign up.

Arts and crafts fair

The base arts and crafts center is sponsoring a fair behind the Yujo Recreation Center Saturday from 9 a.m. to 3 p.m. The fair includes food booths, handcrafted artwork, and more. Call 225-9044.

YESC

The Yokota Enlisted Spouses' Club* is hosting its monthly membership meeting at the Enlisted Club's Spectrum Lounge at 6:30 p.m. Nov. 7.

PTO sale

The Yokota Middle School Parent-Teacher Organization* is sponsoring a rug sale at the school's cafeteria Saturday from 10 a.m. to 5 p.m., and Sunday from 10 a.m. to 4 p.m. Volunteers are also needed to help set up and tear down the event. Call 225-9671.

Special education

The Department of Defense is hosting Specialized Training Of Military Parents, or STOMP, at the Taiyo Recreation Center Nov. 9 and 10 from 8:30 a.m. to 4 p.m. Parents of or professionals who work with children with special needs are invited to the workshop. Call 225-3648.

Yard inspections

The military housing flight conducts weekly yard inspections in family housing areas usually on Tuesdays. Residents are responsible for keeping their living areas in compliance with 374 AWPAM 32-8. Call 225-9099.

Tanabata Dancers

The Tanabata Dancers* meet

Samurai Warrior



of the Week



**Senior Airman
Ashley Stephens**

Senior Airman Ashley Stephens, 374th Medical Operations Squadron, is this week's Samurai Warrior of the Week for exhibiting the qualities of sincerity and respect for one's word of honor, and duty to defend the honor of one's name and guild.

Airman Stephens is assigned to the Surgical Services Flight as an operating room technician. She indirectly supports 10 surgeons spanning four different surgical specialties. Her pursuit of excellence was key to her garnering the PACAF Surgical Services Award and recent promotion to senior airman "below-the-zone."

every Friday at the Taiyo Recreation Center from 6:30 to 8 p.m. Community members are invited to learn traditional Japanese dance and join the organization. E-mail tanabata_dancers@hotmail.com.

Dave Roever visit

Vietnam veteran Dave Roever is visiting Yokota in November. He will have presentations at the Traditional Chapel Nov. 27 from 11 a.m. to noon, and at the Contemporary Chapel Nov. 27 from 5 to 6:30 p.m. He will visit Yokota High School students Nov. 28 from 7:45 to 8:45 a.m. Mr. Roever will also visit with base Airmen from 10 to 11 a.m. at the base theater Nov. 28. Call 225-7009.

Dial-a-story

The base library posts a new story every week on its "Dial-a-story" line 24 hours a day. Call 225-2004 to hear this week's story.

Chapel events

Singles are invited to a Tuesday night homemade meal and Bible study beginning at 5:30 p.m. in the building behind the Traditional

Chapel. All base singles are invited to the weekly study. Call 225-7009.

Chapel Schedule

Traditional (West) Chapel

Catholic: Mass, Sundays at 9:15 a.m. and 5 p.m.

Protestant: Traditional service, Sundays at 11 a.m.; Liturgical service Sundays at 12:30 p.m.; Korean service, Sundays at 2 p.m.; Seventh Day Adventists, Saturdays at 9 a.m.

Contemporary (East) Chapel

Protestant: Gospel service, Sundays at 11 a.m.; Contemporary service, Sundays at 5 p.m.

Call 225-7009.

Publicity

Private organizations and military units can advertise its activities by sending information to fuji.flyer@yokota.af.mil, afn.publicity@yokota.af.mil and yokota.bulletin@yokota.af.mil.

PO disclaimer

An asterisk (*) denotes a private organization. Private organizations are not a part of the Department of Defense or any of its components and have no governmental status.

AD

“Quotes” & Things

“Anybody who ways he isn’t nervous or excited in a World Series is either crazy or a liar.”

Rogers Hornsby

Youth registration: Youth can register for basketball and cheerleading Monday through Nov. 15 at the East Youth Center. The cost is \$35 and youth must have current physical form on file. Call 225-7021.

Yokota Stingrays: The base’s swim team is looking for new members for this school year. Call 225-6133.

Golf demonstration: PING golf professionals are visiting the Tama golf course Saturday from 8 a.m. to 5 p.m. The team will show its fitting system and latest equipment. No reservations required. Call 2245-8815.

Tour de Tama XVII: Take on Tama Hills in this mountain bike race scheduled for Nov. 5. Participants must sign-up by Nov. 4. Call 225-4552.

Natatorium: Children age 10 and younger must demonstrate adequate swimming abilities to earn a deep water card, allowing them to swim at the deep end. Call 225-6133.

Coaches needed: The base fitness and sports office is accepting resumes for varsity coaches through Nov. 1. Call 225-8889.

Natatorium: Children age 10 and younger must demonstrate adequate swimming abilities to earn a deep water card, allowing them to swim at the deep end. Call 225-6133.

‘Twist and then finish ‘em off’



photo by Senior Airman Katie Thomas

Center, Master Sgt. Rodney Turner and Staff Sgt. Shannon Giel demonstrate a self-defense movement to fellow 730th Air Mobility Squadron members Wednesday at the ‘Dawg Pound’ activity room. The class is one part of the women’s mentorship program that is run by the squadron’s first sergeant, Senior Master Sgt. Vickie Sais. Nearly two dozen women attended the class.

Panthers shut out Eagles, 52-0

More than 70 Yokota High School alumni watched their former football team pounce on the Edgren Eagles Oct. 21 at Bonk Field.

The Panthers began their assault on the Eagles as soon as the clock started, racking up their first of seven touchdowns within the first minute of the game.

Strong execution by the offense coupled with an unbreakable defense shut down the Eagles, earning the Panthers 42 points by the end of the first half.

The second half saw the team’s second string take the field and continue the attack, ending the game at 52-0 in the Panthers’ favor.

“We have a very diverse team this year,” said Joe Howell, Panthers’ assistant coach. “It isn’t just one player but a balance of five or six that make a game.” He said the top players this year are quarterbacks Doug Bloom and Tom Gass, and defense players Anthony McNeil, Patrick

Pamintuan, Mark Dixon, Cameron Cooper and James Scott.

The Panther have only given up an average of three points a game to their opponents, and have scored more than 40 point a game this season. Five of their seven games this season have seen them scores more than 50 points.

Since its start, the Panthers have seen 26 playoffs in the team’s 30 year history. The program here is modeled after state-side programs and includes off-season training.

“The training really helps build the players confidence and you see it when they step out on the field,” said the assistant coach. Almost a dozen players can now squat or press 230 pounds.

Tonight the Panthers travel to Yokosuka with games beginning at 5 p.m. for junior varsity and 7:30 p.m. for varsity.

(Courtesy of 374th Airlift Wing Public Affairs)



photo by Master Sgt. Val Gempis

(Foreground) Patrick Pamintuan, YHS Panthers, heads for the goal line during the homecoming game here Oct. 21 at Bonk Field.

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